# Examples of recycled objects, how to promote anticonsumerism-useful tips

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### How to promote anti-consumerism?

Anti-consumerism is a sociopolitical ideology that is opposed to consumerism, the continual buying and consuming of material possessions. Anti-consumerism is concerned with the private actions of business corporations in pursuit of financial and economic goals at the expense of the public welfare, especially in matters of environmental protection, social stratification, and ethics in the governing of a society.

The anti-consumerism movement changes the environment of people and themselves. It changes the environment because it reduces garbage, creates art by renewing worn-out parts, encourages cooperation between friends and family in the creation and reuse of new parts, decreases the costs of people and families, but also family income and frees us of objects and products, which often cause harm to our health and society. With regard to anti-consumerism "Less is more!"

### Examples of recycled objects

These chandeliers are made out of jars



 This bag is made out of juice packs



### Examples of recycled objects

- This carpet is made out of teddy bears
- Bowls are made out of plastic wrappers









# INK cartridges

Most printer ink cartridges contain toxic materials that should not go in the trash.

Major business supply stores, will take your old ink cartridges for recycling. You can also receive a discount off the purchase of a new ink cartridge when you bring your old cartridge to some office supply stores.

## Junk mail and cards

You can recycle most of the mail that comes into your home. Make it easy by placing a small recycling bin next to the door you use to retrieve your mail. This helps you remember to recycle junk mail as you walk back inside. Recycle the empty envelopes that remain once you've opened your mail, including envelopes with plastic windows. Even better, make the effort to go paperless at home.

Advantages of recycling

- Recycling minimizes pollution
- It helps to protect the environment
- Recycling minimizes global warming
- It conserves natural resources
- Recycling guarantees that existing resources will be used sensibly and sustainably.